



Family Fun Activities

Thank You God for...Bananas, Bubbles
and Busy Boddies
Scrubbly, Bubbly Clean

Cleanliness and Brushing Charts

You will need: poster board, construction paper, glue and scrapbook scissors, stars or smiley face stickers

Create a small poster board chart for each child. Letter in the days of the week along the top, and weeks one through eight along the left side.

Allow kids to cut seven 8 x 1" strips of bright paper toothbrush patterns and seven brush heads (1 x 2"). Give kids scrapbook scissors to create a bristle effect on the top side of the smaller rectangle to create the toothbrush bristles. Glue handles across the chart, beside each week number, then glue on the toothbrush heads.

Distribute enough star stickers to each child so that they can track their progress by awarding a star each time they take a bath, and another star each time they brush their teeth.

Remind children that God wants us to treat our bodies like a temple. That means we must remember to keep our bodies and teeth clean so we will stay healthy.

COOKING: Make Pear Boats

You will need: a can of pear halves, tooth picks, cheese squares, lettuce leaves, cottage cheese or yogurt.

As you begin, ask kids what you should do before you do any type of cooking. (Wash your hands!) After hands are washed, ask kids what you should do when you are cooking with or eating any type of fresh fruit or vegetable. (Wash it!)

Wash and dry the lettuce leaves. Place a pear half on each one. Carefully help your child to fold a piece of square cheese so that it breaks into a triangle. Help your child to weave one side of the cheese triangle onto a toothpick. Insert one end of the toothpick into the pear half to form a sail.

Fill the hollow of the pear with a drop of cottage cheese or yogurt and serve. Ask your children what we should do before we eat a meal. (Wash our hands and thank God!)

Pray together, thanking God for the blessing of food to nourish your bodies and keep them healthy and strong.

Make Your Own Bubbles

Use 2 cups of dishwashing detergent (Joy works best), 3 cups of water, and $\frac{1}{2}$ cup of light corn syrup. Spread out liquids in a large container. Then use some fun gadgets to create bubbles. For example, use wire hangers bent in funny shapes, plastic holders of six-packs, plastic berry baskets, chenille wires shaped in fun ways, and so on.

